USMLE WORKBOOK

YOUR ULTIMATE FACTS GUIDE TO SUCCESS ON THE USMLE EXAM

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SmashUSMLE Review

Step 1:
Pick your USMLE Target Score
"

MY USMLE SCORE IS

_____

Write down what score you are aiming for.

This is the your first step in preparing for the USMLE.

AVERAGE USMLE SCORE FOR IMG WHO MATCHED!

Every Year the National Residency Match Program releases data of students who matched and did not match every year. Know this data cold!

For International Medical Graduates, Here is the data for medical students that matched for 2018

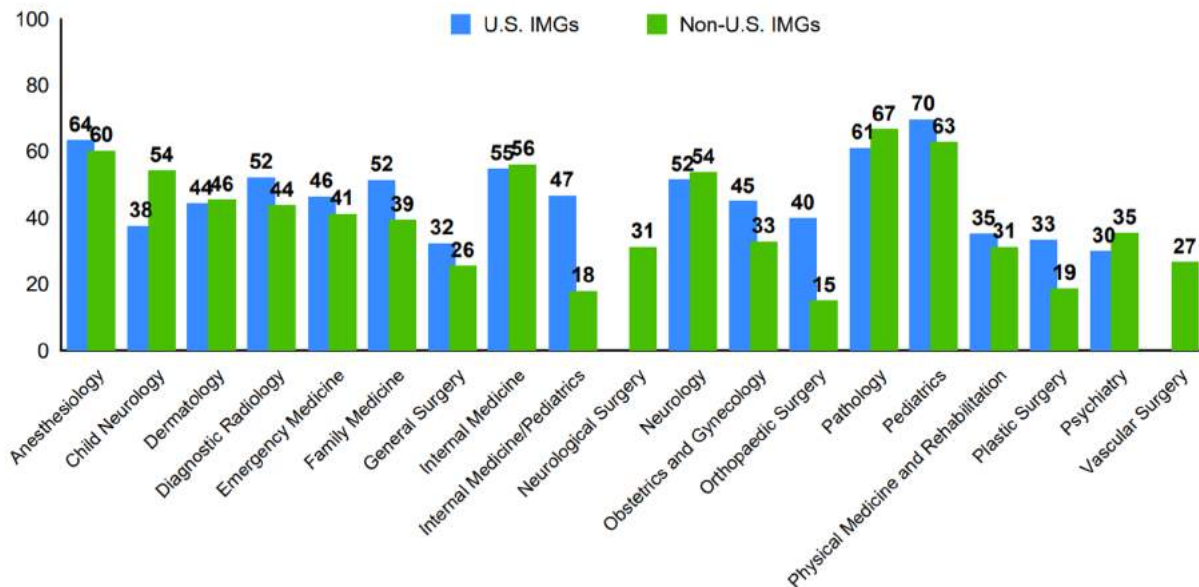| Table 2	Summary Statistics All Specialties Combined				
		U.S. IMGs		Non-U.S. IMGs	
Measure		Matched (n=2,248)	Unmatched (n=1,990)	Matched (n=3,269)	Unmatched (n=2,910)
1. Mean number of contiguous ranks		7.3	2.3	6.4	2.3
2. Mean number of distinct specialties ranked		1.5	1.5	1.3	1.4
3. Mean USMLE Step 1 score		222	212	234	221
4. Mean USMLE Step 2 score		232	222	240	228
5. Mean number of research experiences		1.7	2.5	2.3	2.7
6. Mean number of abstracts, presentations, and publications		2.5	3.4	5.9	6.2
7. Mean number of work experiences		4.0	5.0	5.4	6.1
8. Mean number of volunteer experiences		5.0	4.0	3.6	3.7
9. Percentage who have a Ph.D. degree		0.7	1.9	3.3	3.3
10. Percentage who have another graduate degree		20.9	28.0	21.1	28.2

IMG MATCH RATE

International Medical graduates have a 51% chance of matching every year. So you want to make sure you get the right score to get into the 50% of students that match. if not, you are screwed! know this information!

Chart 3 — Match Rates of International Medical Graduates
Percent Matched by Preferred Specialty and IMG Applicant Type

Source: NRMP Data Warehouse

Chart 3 shows the percentages of U.S. IMGs and non-U.S. IMGs who matched to their preferred specialty. Overall, 51.2 percent of U.S. IMGs matched to their preferred specialty, ranging from a high of 69.8 percent in Pediatrics to a low of 30.0 percent in Psychiatry. For non-U.S. IMGs, the overall match rate was 51.4 percent, ranging from a high of 66.7 percent in Pathology to a low of 15.0 percent in Orthopaedic Surgery. Match rates were higher for U.S. IMGs than non-U.S. IMGs for all specialties except Child Neurology, Dermatology, Internal Medicine, Neurology, Pathology, and Psychiatry. No U.S. IMG matched in Neurological Surgery or Vascular Surgery.

Reference: http://www.nrmp.org/main-residency-match-data/

Do you know what USMLE score you need to match?

Table 2   **Summary Statistics**
All Specialties Combined

Measure	U.S. IMGs		Non-U.S. IMGs	
	Matched (n=2,248)	Unmatched (n=1,990)	Matched (n=3,269)	Unmatched (n=2,910)
1. Mean number of contiguous ranks	7.3	2.3	6.4	2.3
2. Mean number of distinct specialties ranked	1.5	1.5	1.3	1.4
3. Mean USMLE Step 1 score	222	212	234	221
4. Mean USMLE Step 2 score	232	222	240	228
5. Mean number of research experiences	1.7	2.5	2.3	2.7
6. Mean number of abstracts, presentations, and publications	2.5	3.4	5.9	6.2
7. Mean number of work experiences	4.0	5.0	5.4	6.1
8. Mean number of volunteer experiences	5.0	4.0	3.6	3.7
9. Percentage who have a Ph.D. degree	0.7	1.9	3.3	3.3
10. Percentage who have another graduate degree	20.9	28.0	21.1	28.2

Table 2   **Summary Statistics on U.S. Allopathic Seniors**
All Specialties Combined

Measure	Matched (n=15,451)	Unmatched (n=1,336)
1. Mean number of contiguous ranks	12.3	5.3
2. Mean number of distinct specialties ranked	1.2	1.6
3. Mean USMLE Step 1 score	233	224
4. Mean USMLE Step 2 CK score	246	236
5. Mean number of research experiences	3.2	3.3
6. Mean number of abstracts, presentations, and publications	5.7	5.0
7. Mean number of work experiences	3.2	3.3
8. Mean number of volunteer experiences	7.3	6.6
9. Percentage who are AOA members	17.0	6.4
10. Percentage who graduated from one of the 40 U.S. medical schools with the highest NIH funding	31.9	22.5
11. Percentage who have Ph.D. degree	4.0	2.9
12. Percentage who have another graduate degree	17.2	21.9

Sources. NRMP Data Warehouse; Top 40 U.S. medical schools with the highest NIH funding in measure 10 is from the NIH website (http://report.nih.gov/award/index.cfm).

Table 2 provides summary statistics for all specialties by Match outcome on the 12 measures presented in this report. Data on each of these measures are displayed graphically by preferred specialty on the following pages. Only U.S. allopathic seniors who gave consent to use their information in research are included in this table and the rest of the report.

2019 USMLE Passing score
Step 1: 194
Step 2 CK: 209
Step 3: 196

Reference: http://www.nrmp.org/main-residency-match-data/

WHAT SHOULD YOU DO NOW?

Now that you have been informed.

Did you know that **5100 (30%) IMG students** fail the USMLE on their first Attempt?

The reason is because they are using the wrong approach to study for the USMLE.

Once you fail or even get a low score, you have become a committed stem cell, you WILL NOT match ever again.

All the work you have done will go trash and you can never practice medicine in the United states.

You see, I have the solution for you.

I have helped over 1000 IMGs like you to get through the USMLE.

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